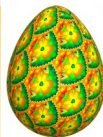




Church and Village News April 2023

Bedfield, Monk Soham, Southolt, Tannington and
Worlingworth Easter edition



BEDFIELD AND MONK SOHAM GARDENING CLUB

Our **April** meeting is **Friday 21st 7 pm at Bedfield Hub**. Hawk Honey shares his fascinating fund of knowledge about all kinds of wasps. Hawk's informative presentation on bees was so successful, we have organised this sequel. Don't miss it, you do need to know! *Guests are most welcome*, please bring £3 cash per head, to include cake and cuppa.

Don't forget our **Community Seed Swop** at the Hub **Tuesday morning from 9.15**. Everybody is welcome to take a look or donate any labelled unwanted, excess or harvested seeds (and treat yourself to the Hub's legendary home-made baking and a hot drink!). It is also available whenever the Hub is open for the 'Community Space'. For further information please contact, Barbara Lee gardenclubgarden@gmail.com

OPEN GARDENS IN BEDFIELD 10th & 11th JUNE

We are planning to have two days for opening our gardens in Bedfield this year. You do not have to have a perfect garden, just one that will be interesting for people to enjoy. If you would like to be part of this scheme then please contact: **Maureen Whiteman 01728 627192 or**

maureensusan45@gmail.com

Jenny Hinchey 01728 627134 or
hincheypj81@gmail.com This event is being organised by the Friends of Bedfield Heritage.



OPEN GARDENS IN WORLINGWORTH and

SOUTHOLT July 8th / 9th

Planning to open gardens Saturday 8th afternoon and all day Sunday 9th If you can open your garden please contact :

Val on 628068 or Nora on 628316

Worlingworth Garden Club Visit on 26.04.23

Middleton Wildlife- friendly Garden

Easter Garden : All ages welcome to come along on Saturday 8th April at 11am to help create an Easter Garden in St. Mary's churchyard . If you wish to bring along some greenery, flower/s, moss, stones or bark to place in the garden this will be most welcome.

Veronica Plowman



Worlingworth Coronation Weekend events

Ceilidh and hog roast Saturday 6th May 6:30pm

Don't forget to buy your tickets aged 12 and over
No unaccompanied under 16s (£10 each including your
hog roast) before they run out. Available from The
Swan shop or Val Swallow (01728 628068)

Big Coronation Picnic Sunday 7th May 12 noon to 3pm

Join us for a family event with live music (from Annie), BBQ
(food for sale), wheat sheaf tossing, sideshows, fancy dress,
display of children's coronation work etc.

Commemorative mugs Free to every child in the village aged
11 and under including all children in our village school.

7th May Church service at 10:30am at St Mary's
celebrating the Coronation. All welcome.

Your planning group needs your help please!

Our small group needs volunteers to help on Sunday 7th with
erecting gazebos, preparing the site, running sideshows,
manning the BBQ, stewarding, clearing up etc. Please volun-

teer to Bert Stanford via bertstan4d@btconnect.com or
01728 628474/07876440090

Volunteer Day 8th May .

Tidy up the St Marys Churchyard.

Light Refreshments .

More details in May Magazine. If you can volunteer please contact Bert Stanford

01728 628474

Food Bank . Again during April and May the WI, Church and School will be
collecting items for the Food Bank. After Easter a box in the Church porch for items and
will be there until 8th May. (Volunteer day) All items will be delivered to the Food bank
in Brome .



Letter from Rev 'd Enid Pow

April 2023

Easter is coming and the children (adults too!) are getting excited about chocolate Easter Eggs. But why does the church get so excited about something that happened over two thousand years ago? Why does it matter today? Well, Easter isn't just about the eating of Easter Eggs and planning a delicious Easter lunch. Without the resurrection (Jesus returning to life) there would be no church, and there would be no hope for the world. Easter, is God's love story for the people of the world, enabling us to share life with him, beginning right now and lasting forever.

Jesus came first to show us the way to God's Kingdom, through his teaching of a new way. Throughout his ministry, Jesus showed us that he was in a spiritual battle with the forces of evil, and this came to a climax, when Jesus died on the cross on Good Friday to pay for all the wrong things we do in our lives. These are the things that come between us, and God the Father. Having paid the price for us, Jesus then rose from the dead, on what we now know as Easter Sunday. So what difference does that make, you might be thinking? It's quite simple really; Jesus' resurrection, tells us that God is fulfilling his promise to us. He says that when we accept the gift Jesus gives us (i.e. forgiveness of all the things that separate us from God,) he gives us eternal life; not just after our physical death, but right now! That is why we call Jesus our Saviour and why Easter is so important for you and for me. I hope you have a really blessed Easter, and plenty of delicious Easter eggs too. Reverend Enid

St Marys Worlingworth Church Electoral Roll .

This will be revised between the 3rd and 29th of April

If you wish your name added to or removed from the roll please contact me on 01728 628710. *Thankyou* Shirley Rutterford.



*The next meeting of the Parish Council is on
Wednesday 19th April 2023 at 7.30pm
in the Community Centre, all are welcome
clerk@worlingworthpc.co.uk*

**Invitation to All
Annual Parish Meeting – Wednesday 12th April
in the Community Centre at 7.30pm**

The Annual Parish Meeting is an opportunity to find out what we and other village organisations have been doing for you over the past year and a chance to see how the money raised at a local level – through what is known as the precept – has been spent. There will also be an opportunity to put forward ideas and suggestions for the future of the village. Please join us if you can (refreshments will be provided upon arrival)

Village Spring Clean – Saturday 29th April – Don't forget!

Meet at 10.15 am at the Community Centre. Gloves, litter grabbers and high-viz are all provided by the Parish Council All participants are treated to a delicious lunch in the Community Centre upon completion as a thank you for helping to keep our lovely village clean and tidy.

Website Update Emails

If you would like to subscribe to a mailing list to receive notifications of when updates have been posted to the village website, please email clerk@worlingworthpc.co.uk with “PC Alerts” in the subject line. Your email address will not be used for any other purpose.

**Have you just moved in to Worlingworth, or do you know of someone who has?
Please contact Jane Butler on 01728 628330 so she can deliver a copy of the
Worlingworth Welcome Pack, free to all newcomers to the village.**

WORLINGWORTH CEVC PRIMARY : OUR MONTHLY NEWS

Easter

The children finished the end of term by learning about the importance of the Easter story and reflecting on how our rainbow values and cog themes of courage, challenge and kindness are demonstrated in the actions and events. A special whole school Collective Worship was held at the Community Centre with the children singing and our Collective Worship Ambassadors leading the prayer. Afterwards, the Friends of the school organised an exciting Easter Egg Hunt for all the children alongside tea and cakes (kindly baked by the WI), a raffle and other stalls to raise funds to help contribute towards the cost of transport for our whole school summer trip to Duxford Air Museum. Thank you to the Friends for their hard-work and to the WI for contributing their excellent bakes!

Musical Success Last month, our children in Key Stage 2, successfully performed at Snape Maltings as part of their musical Celebration concerts. They sang and performed their two songs wonderfully and with such enthusiasm and really relished the opportunity to sing and work with professional musicians and composers. We were enormously proud of their achievement.

School Council Our School Council have been busy demonstrating our Rainbow Values of kindness, co-operation and responsibility this term by planning and organising fund-raising events for Comic Relief and a collection for the Waveney Food Bank at the Friends Easter fund-raising event.

School Garden Donations As Spring begins to arrive at last, our pupils are starting to clean-up and prepare the vegetable garden and greenhouse beds and plan their planting schedule for the months ahead. They have put in a request for donations of 5ft-6ft canes, seed trays, string and any unwanted seeds. If you can help them with any of these things then please get in touch with the school office or pop along and drop off your donations. Many thanks.

Bags To School Collection Having a spring clean? We are collecting bags of unwanted clothes, sheets and towels in order to raise money for the school. Our collection date is 16th May. If you have items to donate then please drop off your bag by 9.30am on the day. If you require any empty bags, then please come to the school office and we can supply you with some.

Willows Nursery Our full-time nursery is a busy, happy and caring place full of curious learners, ready to be challenged. Their new topic after Easter will be *Flight & Feathers* and they will be busy singing songs, reading and sharing stories, drawing, making and observing things that fly and things that have feathers! We always welcome new parents to come and visit our Early Years class and see our curriculum in action so please contact the office if you would like to arrange a visit.

For updates and further information about the school : Please log on and take a look: www.worlingworthschool.co.uk . You can also follow us on Twitter: @WorlingworthSch and facebook: Worlingworth.School. There are lots of wonderful photos on our website and information about our curriculum and values which give a flavour of life as a pupil here, celebrating our family and caring ethos.

Bedfield and Monk Soham Community Club

The Post Office is open every Tuesday morning from 9.15 am to 11.15 am in the Community Hub (pavilion).



Did you know? Not only can you buy stamps and send parcels, but you can also bank cash into your bank account and withdraw cash (even if you bank with another provider).

There is also a pop-up shop selling essential items.

The pop-up Café also opens every Tuesday from 10.00 a.m. to 12 noon. Warm scones are always available to eat in or takeaway. Come and join us for a cuppa and a catch up with friends and neighbours.

Our facilities are available for hire and details are available on the websites bedfield.onesuffolk.net and monksoham.onesuffolk.net, or you can contact us via the email address below.

Bedfield And Monk Soham residents – Have you signed up yet?

We email regular newsletters to keep residents of Bedfield and Monk Soham informed of all village activities. To subscribe to the newsletters, please email:

bedfieldmonksoham@btinternet.com

The email can be used by residents to inform everyone who subscribes about forthcoming events and other important information.

Newsletters can be viewed on the websites: All the latest information is on the village websites listed above.

You can also follow the Facebook page [Bedfield and Monk Soham Community Club | Facebook](#)

Monk Soham

Good Friday & Easter Day at Monk Soham Church

Sung Litany at 9 am. Good Friday. This is a short service with two hymns, based on a collection of prayers. The Pastoral Quire will be in attendance, and will lead the singing, all are welcome to come and join in.

On Easter Day 11am Holy Communion, with Easter Hymns all are welcome.

ACPM

The Annual Parochial Church Meeting will be held on Wednesday the 12th April following the vestry meeting which starts at 7pm, in St. Peter's Church, Monk Soham.

CORONATION WEEKEND IN BEDFIELD

Saturday 6 May: The Coronation

The Coronation and procession will be live screened in the Hub. Come and enjoy this national event with your friends and family; have a drink at the bar or a tea/coffee and enjoy a wonderful, delicious (and not to be missed) Waffle from Chestnut Waffles of Bedfield.

Sunday 7 May: Coronation Big Lunch Party

Celebration church service at Worlingworth Church.

Community party at the Hub and playing field – bring your family and a picnic. There will be a bar, teas, coffees, soft drinks and cakes.

A chance to enter the Coronation Cake Celebration, followed by an auction of the entries.

A Crown Parade – a chance for you and/or your children to show off your Crown crafting skills.

Open Mic sessions – join others to make music or display your other talents.

Morris Dancers and a maypole. Traditional family games.

Monday 8 May: Celebrate Volunteers

The focus of today is to [celebrate volunteers](#) in our community. Please take time to say “Thank you” to all volunteers in our village and surrounding area. Maybe you could visit someone who you know lives alone and would welcome company.

In the morning some of the Friends of Bedfield Heritage will be in the churchyard having a Spring tidy up of the overgrown areas – please bring shears, secateurs or a rake and come and join us. Coffee and tea and biscuits provided! Bring your packed lunch and stay for a chat and a laugh afterwards.

Whatever you choose to do or wherever you choose to go have a fun day.

All activities are subject to funding, licences and weather conditions and the above programme may change at short notice. These events are being organised by the Friends of Bedfield Heritage and the Bedfield and Monk Soham Community Club. Timings for all events will be announced nearer the time.

Four Rivers**April****Church Services.**

Benefice 9 Churches 2023	Sunday 2nd. Palm Sunday.	Friday 7th. Good Friday	Sunday 9th. Easter Sunday	Sunday 16th. 2nd Sunday of Easter
St. Nicholas Bedfield.	10.30 Family Service CS	10.30 Easter Garden CS	10.00 Holy Communion Egg hunt CS	
St. Peter. Monk Soham.	11.00 Family Service RA	9.00 Sung Litany Pastoral Quire RA	11.00 Holy Communion RA	
St. Ethelbert. Tannington. St. Margaret. Southolt.*	11.00 Holy Communion BCP DM + CM			
St. Mary. Worlingworth.	Please Support Tannington's 11.00 service	10.30 At the Foot of the Cross LE	11.00 Easter Praise & Holy Communion at 11.30 CS	11.00 Let's Celebrate RA
St. Lawrence Brundish.	9.00 Holy Communion BCP RA	12 noon Good Friday Liturgy DM	10.30 Easter Family Holy Communion DM	
St. Mary. Cratfield.			9.00 Holy Communion EP	9.00 Village Worship CM
All Saints Laxfield.	10.30 Celtic Morning Service LE	10.30 Good Friday Easter Garden CM & LE	10.30 Family Service CM with H,C, EP	10.30 Holy Communion CS
St. Mary. Wilby.	10.30 Village Worship LE SP	11.00 Good Friday RA	10.30 Family Communion RO	10.30 Village Worship LE SP

Zoom Services Online**Celtic Prayer Wednesdays 7pm. Fridays 9a.m.****To join us, email: rev.chrissiesmart@gmail.com****and you will be sent details.****Sunday 7th May****10.30am. At St. Mary****Let's Celebrate the****The Lectionary**
Year A

Palms-Matt.21:1-11
 Passion-Isa.50:4-9a
 Phillprians.2:5-11
 Matt.26:14-27end

Consult Clergy

W
 Acts 10:34-43
 John 20:1-18
 or Matt:28:1-10

W
 Ps.16
 Acts 2:14a & 22-32
 1 Peter 1:3-9
 John 20:19-end

Services may not be as listed above. If you wish to confirm the time and format, please telephone a Church

April

Sunday 23 rd . 3 rd Sunday of Easter	Sunday 30 th . 4 th Sunday of Easter	Funeral arrangements please contact: Rev. Enid Pow. Priest-in-charge. 01986 743093 email: revenid4drivers@gmail.com	
10.30 Morning Praise BS	5 th Sunday 10.30am. Benefice at Tannington	Churchwardens. Elders. Contacts. Tel: St. Nicholas. Jenny Hinchey 07710 218957 Bedfield Rev. Chrissie Smart 01728 627838	
11.00 Morning Prayer RA		St. Peter. Rev. Rebecca Artiss 01728 685663 Monk Soham. Geoff Artiss 01728 685663	
11.00 Holy Communion CW DM	10.30 Benefice Holy Communion EP & SSMs	St. Ethelbert. Chloe Cross 07714 734756 Tannington. Rev.D Mulrenan 01728 628063	
		St. Margaret. Secretary, Southolt. Sarah Drnec 01728 627949	
10.30 Holy Communion CS	9.00 Holy Communion RA	St. Mary. Ww Ann Davidson 01728 627862 Cwarden & LE Bert Stanford 01728 628474 Lay Elder. Val. Swallow 01728 628068 LLM MS Lay Minister. Mark Sheard	
9.00 Holy Communion RA		St. Lawrence. Brundish. Lay Elder. SA Sandra Apps	
		St. Mary. Andy Edmunds 01986 798523 Cratfield. Rev. Clive Mobbs 01986 798030 Lay Elder. MT Margaret Thompson 07906 509302	
10.30 Fourth Sunday Worship FS Team		All Saints Liz Hammond 01986 798726 Laxfield. Lay Elder. Sally Clarke Lay Elder. Liz Hammond	
10.30 Morning Prayer LH	Acts 2:42 to end 1 Peter 2:19 to end John 10:1-10	St. Mary. Mary Pipe 01728 723443 Wilby. Rob Barber 01379 388040 Lay Elder. SP Sheila Pipe 01728 723443	
Worlingworth Coronation of King Charles III		Clergy. Rev. Enid Pow. Priest-in-charge. 01986 743093 Administrator. Virginia Skoyles 07900 350117	
Ps.116:1-3,10-end W Acts 2:14a, 36-41 1 Peter 1:17-23 Luke 24:13-35		*Denotes } Self Supporting } Minister }	RA * Rev. Rebecca Artiss 01728 685663
			CM * Rev. Clive Mobbs 01986 798030
			DM * Rev. David Mulrenan 01728 628063
			CS * Rev. Chrissie Smart 01728 627838
			RO * Rev. Ron Orams. <i>Retired</i> 07721 682183
Churchwarden or LE in the Parish.		LE = Lay Elder licensed to Benefice	

Churchwarden or LE in the Parish.

HIGH SUFFOLK COMMUNITY BUS - Weekly services to :
Framlingham - Tuesdays, Diss - Fridays

Big Changes from April for Stowmarket and Woodbridge

April services : Bury 5th and 15th, Stowmarket 13th and 27th

Norwich 8th and 26th Woodbridge 1st and 20th

Summer service to Felixstowe will commence in May 23

More details Alan 01728 685694 / Val 01728 628068 **OR** check web site

All Timetables available on **www.combus.org.uk**

Advance notice of AGM Tuesday 9th May

7.30 pm Worlingworth Community Centre

WORLINGWORTH AND TANNINGTON WI

Next meeting Wednesday April 5th

7.00 for 7.15pm

Speaker Fay Jones - Dyes on your Doorstep

New members welcome (just come on the night) or call

Val: 01728 628068 or Jenny: 01728 628798

Items for May Magazine newsletter by 17th April

(earlier for Coronation input) to Val Swallow :

v.swallow44@btinternet.com or by post to: Ivy Cottage, Shop St Worlingworth

"No Bingo in Worlingworth for April. Next Bingo night will be 10th May."

The Mariners Galley



Pop Up Restaurant

Do you like a bit of mystery? A night where you can taste global flavours? How about 3 Starters, 3 Main Courses and 3 Desserts?

Worlingworth Community Centre

Shop Street, Worlingworth, Suffolk, IP13 7HX

15th April 2023

Table bookings start from 6pm

As each course is served we will explain what you are about to eat. We take in consideration all dietary requirements to adjust / change the dishes accordingly, you can let us know through the booking process. So do you want to enter into a culinary mystery event and expand your taste buds then join us at our next event for only £35.00 per person.

Booking is essential via our website
www.themarinersgalley.co.uk



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Keith 07421 743191

Bedfield Primary School are proud to support their teachers, Sarah Coker and Vicki Langford, as they take part in two sponsored walks this spring and summer raising money for both our school and Addenbrookes Haemophilia Centre. Vicki explains the motivation behind this. Have you taken part in sponsored events like these before?

I ran 5km years ago for 'Race for Life' but have never done any other sponsored walks. Just before Covid, on a family holiday to Colombia, I persuaded my family to hike up into the Andes to Lake Iguaque which involved coping with altitude sickness as well as incredibly difficult terrain and more recently we climbed 'Schiehallion' – a munro in the Scottish Highlands. However, I'm not sure if either of these are preparation for a sponsored 50km walk through the Lake District.

What encouraged you to undertake these challenges? Mrs Coker mentioned that she was walking 50km in the Chilterns with her sister-in-law and I love walking so naturally thought it a good idea to take up the suggestion to join her for another one!

Tell us about your roles at Bedfield School. I trained as a teacher in 2004 but after having two children I decided to take a break. I've worked in 1:1 and whole class teaching assistant roles in various schools for several years and have been at Bedfield since 2020. I started off as a Teaching Assistant, then an HLTA, Mental Health Lead and have trained to deliver ELSA (Emotional Literacy Support) and am now delighted to be teaching again. I have worked at a few schools before, all of them 2 form entry schools in built up areas. I love the family feel at Bedfield – you get to know the children and their families so well and there is a lovely atmosphere. It's important to work as a close team in such a small school and I have some great friends and colleagues at Bedfield.

What does your family think of you doing the walks? My family are used to me wanting to complete long walks and are relieved I'm doing this with Mrs Coker and not them! I think they're coming up to the Lakes to support us. My wonderful dad was diagnosed with a combination of illnesses in 2019 and sadly passed away in November 2022. The team at Addenbrookes Haemophilia Centre provided exceptional care and unstinting support. Dad wanted to make sure their services were recognised and this is a way of saying thank you!

What training are you undertaking and do you enjoy it? Mrs Coker and I are trying to fit in as many walks as we can. However, Suffolk terrain is very 'flat' so we've been advised that to help train for The Lakes, we need to do lots of squats and lunges and take sets of stairs two at a time! I like to exercise at home, practice yoga and occasionally run which also helps. I love the training. Walking is definitely good for the soul and Mrs Coker and I can spend hours chatting. We really start to rely on one another near the end of a walk when everything begins to ache! It feels like a real achievement when you've finished.

The Bedfield School children are supporting their teachers by taking part in a 'Crazy Hair Day' on the last day of the Spring term! If you would like to sponsor Vicki and Sarah you can do so via the QR code on the poster opposite or by leaving a donation at the school office.

SPONSORED WALKS

Raising money for Bedfield Primary School and Addenbrooke's Hospital Haemophilia Centre



VICKI & SARAH

We're raising £500 to help fund resources for Bedfield Primary School, Suffolk and Addenbrookes Haemophilia Centre, Cambridge

28 km

15 April 23

Setting out from Central London, along the Thames Path with a half way stop at Putney before finishing in Richmond.

THAMES
PATHS
NIGHT
TRAINING WALK



LAKE
DISTRICT
ULTRA
CHALLENGE

50 km

10 June 23

Starting in Kendal it's an anticlockwise loop taking in a couple of tough hills, Garburn Pass, Ambleside, a half way point by Lake Windermere, forests, and nature reserves.

Please sponsor us here:

JustGiving™



https://www.justgiving.com/crowdfunding/vicki-langford-1?utm_term=pN53rkzj



The children at Bedfield Primary School will be holding a crazy hair day to raise money for both causes

Bedfield CofE Primary School



Haemophilia Centre

NHS
Cambridge
University Hospitals
NHS Foundation Trust

Worlingworth Community Centre

Would you like to get involved in the life of your village ... because your Community Centre needs you!

As I am sure you will agree our Community Centre is a great resource for the village. However, in order to keep the doors open and the centre available to all those in the village and beyond, we need your help.

We are self-funding, and so are very grateful for all who regularly support our events, such as the ever popular monthly bingo, and all who hire the hall or come along to the regular Games Afternoons and Keep Fit etc.

The Committee do a great job in running the Centre. However we need new fundraising ideas. We could do with more people to help on the Committee and, essentially, we need a new Chairperson.

If you would like to join our committee, and more importantly, if you would like to find out more about taking on the role of Chair, please get in touch with me. It's not an onerous task, but it is a rewarding one - especially when you see the number of happy, smiling faces that come through our doors for the variety of events that take place. Thank you and I look forward to hearing from you.

Simon Burgin 07847 587586

simon.burgin3@gmail.com

Jumble Sale

April 1st 1.30 to 3.30 pm

Worlingworth Community Centre

Please leave Jumble from 10.00 am

No electrical items accepted